

CRITERION- 7

7. INSTITUTIONAL VALUES AND BEST PRACTICES

7.2 Best Practices

7.2.1 Two best practices successfully implemented by the Institution

ANY OTHER RELEVANT INFORMATION

Best Practice -1:

Title of the Practice: Women Empowerment

Objectives of the Practice:

- To create a better society by empowering women.
- To foster a distinctive identity, enhance self-esteem, self-confidence of girls and women
- To provide sessions for girls and women to be, psychologically, emotionally empowered

The Context: The institution has more than 50% girl students. Majority of them hail from rural background. So the college resolved to empower female students to face life boldly and successfully

- **Empower women through martial arts** Martial arts can be a gateway to self-esteem, safety and peace. through self-defense
- **Physical and mental confidence**
Martial arts can be an intense workout, strengthen body and lose weight, boosts confidence, in their abilities and overall sense of wellness.
- **Sense of security**
Martial arts teach self-defense moves for women, moves they can execute easily and effectively.
- **Peace of mind**
Martial arts promotes strength, flexibility, Cardiovascular health, discipline and focus. This leads to peace of mind



✓ **Yoga for - physical health :**

Yoga is the holistic solution for Women empowerment .The Yoga Practice is a scientific way of living for holistic health, well-being and is simplest way to build self-confidence, ignite passion, feel empowered, harmony is restored.

Meditation for-Mental health

Meditation raise dopamine levels which improve memory, focus, problem-solving capabilities, reduce distress, improve emotion regulation, reset circadian rhythm .Meditation helps to reduce stress hormones

The Practice: The college has taken initiatives to empower women on various aspects apart from imparting education. Karate sessions are being conducted twice in a month, yoga and meditation sessions once in week by a qualified instructor. The students are advised to practice daily on their own

Evidence of Success :

Major positive changes has been identified in the behavior and attitude of students. Increased participation in seminars , extra -curricular activities, Positive attitude, free interaction with others, build up of self confidence . Students benefited motivated other students .Students voluntarily joined these sessions and the number of students participating is increasing.

Problems encountered :

Initially students were not enthusiastic .It became difficult to create awareness among the students and make them participate in sessions. Further it is found that due to semester system and academic curriculum , it was found difficult to conduct sessions during working hours, sometimes, has led to sacrificing the class work as to conduct sessions after college hours is not being encouraged .



- **Resources Required :**

A well experienced and qualified instructor must be available on time on a regular basis

BEST PRACTICE – 2

Title of the Practice: Entrepreneurship Development Cell

To encourage students, inculcate entrepreneurial skills and become entrepreneurs, further creating employment and reducing unemployment

Objectives of the Practice:

- To educate the students
- To brief the risk factors involved in and to overcome the same
- To inculcate professionalism and reap the profits
- To provide knowledge about government schemes and financial support provided

The Context:

A Pharmacy student after completion of any B.Tech is eligible to register as a “Registered Engineer” in respective State Engineering Council as per the rules and regulations of PCI, A Registered Engineer is eligible to start a Retail or Wholesale Engineering based Industry.

In SDIP, the EDC organizes workshops to the final year students to brief them about entrepreneurial culture and its benefits.

The challenging part is most of the students are least interested, rather they would like to go abroad or pursue Higher studies or settle as a employee . Hence, the EDC conducts workshops to encourage the students becoming entrepreneurs. The motive behind is to stimulate the student for adopting entrepreneurship as a career and enable them to identify and explore the opportunities



Implementation –

1. Admission as a Student
2. EDC training to the students
3. Training in Engineering
4. Successful completion of course
5. Register in respective State Engineering Council
6. Registered Engineer
7. Apply for financial assistance or arrange own funds
8. To start a Retail or Wholesale Engineering based business

The Practice:

The EDC is striving hard in making the students entrepreneurs. Initially, the EDC faced a lot of questions from students and their parents after conducting many Guest lectures and Workshops also. Now, the successful students are sharing their “Success Stories” which is motivating the students to become an Entrepreneur. The uniqueness of this Practice is it make the student self-reliant, responsible and independent earner. This makes the students to become **job-providers rather than the job-seekers.**

The main limitation of this Practice is Investment. The EDC educates parents and students regarding various Central and State Government, MSME schemes available for funding.

The following must be reflected in entrepreneurship to be successful.

- **Innovative Idea:** For success, the size of the enterprise, the investment and innovative ideas are the fundamental ingredients.
- **Risk appetite:** The chances of failure are also equivalent to success. Due to this, business owners must have risk tolerance. They should have an understanding of what they are getting into and how much time it may take to generate profits.



- **Future vision:** Entrepreneurship should be based on strong vision for future direction and possibilities This makes business more flexible to changes
- **Resources:** There should be availability of sufficient resources. More professional interest and utilization of less resources, getting more work done should be the objective.
- **Knowledge of the profession:** Entrepreneurs must have knowledge about the profession and competitor in the business. This allows them to strategize and manage operations.

Evidence of Success:

The success is based on number of students who have become entrepreneur.

Sl. No.	Academic Year	No. of Entrepreneur
1	2023-2024	12

Problems Encountered:

- Lack of students' interest to gain knowledge
- Parents' hesitation in supporting , demotivate students
- Lack of willingness ,perseverance, courage and risk taking by the students

Resources Required

- Dedicated EDC faculty who regularly motivate the students
- EDC and Space to conduct workshops.



